



Last Updated: 24/03/2025

HEALTH AND SAFETY POLICY

The health, well-being and safety of all our families and therapists are important to us at Lyrical Speech Pathology (LSP). We are continually looking at ways to provide a safer and healthier environment for therapy practices. Did you know that many of our clients and employees in the healthcare industry have a higher risk of being exposed to virus', including COVID-19?

MEDICAL ISSUES AND FIRST AID

We ask that you help us deal with any medical situations by:

- Including any current medical issues in the initial questionnaire about you, your child or the adult bringing your child. These are issues that you feel the clinic and therapist should know about – conditions such as anaphylaxis and severe allergies, asthma, epilepsy, diabetes.
- Bringing any medication you or your child needs (Ventolin, Epipen, Insulin, etc.).
- Becoming familiar with the clinic's First Aid kit location .

FOOD AND DRINK IN SESSIONS

It is important to stay hydrated so we encourage the use of water bottles, breastfeeding and baby milk bottles in the session. You are welcome to have snacks for your child, but we prefer these to be eaten before or after your session. Please consider other clients and potential allergies when choosing and handling your food, in addition to thoughtfully disposing of and cleaning up rubbish.

If food is part of your therapy, follow your therapist's instructions regarding bringing food into the session. Please ensure you notify your therapist of any allergies before touching or consuming any food during these sessions.

SAFETY AND HYGIENE OF RESOURCES

We regularly clean our toys and games used in therapy. Your therapist will check for damages/safety issues and age suitability before use, however, as many families are using these resources, we ask for your help by:

- Reporting any damaged toys to your therapist.
- Supervising your child and any siblings when playing with games and toys, especially younger siblings who may like to ‘mouth’ small objects.
- Wiping any toys that have been placed in mouths or advising your therapist which toys need to be disinfected.

GENERAL HEALTH AND WELL BEING

We care about the health of our families and therapist, and therefore encourage families to:

- Please call the clinic 48hrs before your appointment if your child appears unwell and you need to reschedule.
- Use good hand hygiene practices – handwashing in the bathroom.

INFECTION CONTROL PRACTICES

At LSP, we uphold high clinical and sanitation standards by following our infection control policy. Our practices include:

- Following Hand Hygiene Australia’s guidelines.
- Maintaining social distancing as often as appropriate.
- Engaging in telehealth consultations to reduce social contact.
- Disinfecting and wiping down surfaces after interactions.
- Educating our staff on best practices.
- Sterilizing and cleaning equipment.
- Providing hand sanitizer.

COOPERATION DURING ILLNESS

We ask for your cooperation by contacting us to cancel or reschedule appointments if you or your child is experiencing flu, cough, or cold symptoms, have recently traveled overseas, or have been in contact with someone with a confirmed case of COVID-19.

Alternatives to in-clinic appointments include:

- Telehealth (via Zoom).
- Parent phone consults.
- Providing a case review, progress summary letter for teachers, and resource planning.
- If a client, family member, or clinician exhibits symptoms of illness or is awaiting COVID test results, all appointments will be conducted online until symptoms

resolve. We retain the right to decline any in-clinic appointments and request that individuals showing concerning symptoms leave our premises upon arrival.

COMMITMENT TO YOUR WELLBEING

You can rely on us to support your personal health and safety during this time. Our commitment to your wellbeing is our priority, now and always. From the entire team at LSP, we thank you for your cooperation and understanding.

Thank you for your support!